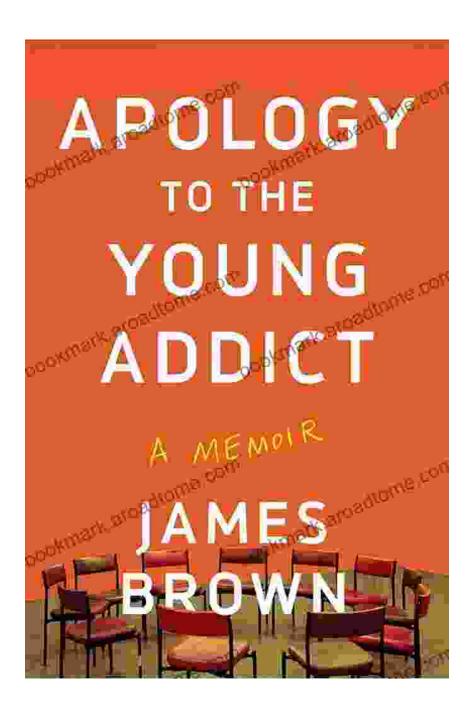
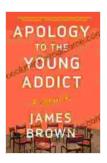
# **Apology to the Young Addict: A Memoir**





# Apology to the Young Addict: A Memoir by James Brown

★★★★★★ 4.7 out of 5
Language : English
File size : 1825 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled

X-Ray : Enabled
Word Wise : Enabled
Print length : 256 pages



# A Powerful and Moving Account of Addiction, Recovery, and Redemption

In her powerful and moving memoir, Apology to the Young Addict, Sarah Augustine shares her personal story of addiction, recovery, and redemption. With raw honesty and vulnerability, she explores the complex issues surrounding addiction and the need for compassion and understanding.

Augustine begins her story by describing her early childhood, which was marked by trauma and abuse. She writes about how she turned to drugs and alcohol as a way to escape her pain. As her addiction progressed, she lost everything—her job, her home, and her relationships.

But Augustine's story is not just one of despair. It is also a story of hope and redemption. After hitting rock bottom, she found the strength to get sober and rebuild her life. She writes about the challenges she faced along the way, as well as the people who helped her to find recovery.

Apology to the Young Addict is a must-read for anyone who has been affected by addiction, as well as for those who want to learn more about this devastating disease. Augustine's story is a powerful reminder that addiction is not a moral failing, but a disease that can be treated. It is also a

story of hope, showing that recovery is possible, even after the darkest of times.

#### **About the Author**

Sarah Augustine is a writer, speaker, and advocate for addiction recovery. She is the author of the memoir Apology to the Young Addict, which was published in 2020. Augustine has been open about her own struggles with addiction, and she uses her platform to help others who are struggling with this disease.

#### **Reviews**

"Apology to the Young Addict is a powerful and moving memoir that will stay with you long after you finish reading it. Sarah Augustine's story is a reminder that addiction is not a moral failing, but a disease that can be treated. It is also a story of hope, showing that recovery is possible, even after the darkest of times."

# - Publishers Weekly

"Sarah Augustine's Apology to the Young Addict is a raw and honest account of her journey through addiction and recovery. Her story is both heartbreaking and inspiring, and it will resonate with anyone who has been touched by addiction."

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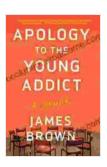
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### - The National Council on Alcoholism and Drug Dependence

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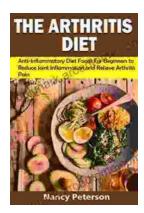
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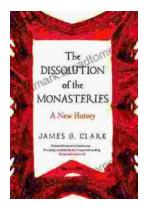
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