

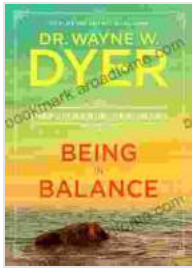
Principles for Creating Habits to Match Your Desires



Are you ready to make a lasting change in your life?

If you're like most people, you've probably made New Year's resolutions or set goals for yourself at some point in your life. But how often have you actually stuck with them? If you're like most people, the answer is probably "not very often."

The truth is, creating lasting change is hard. But it's not impossible. If you're willing to put in the work, you can create habits that will help you achieve your goals and live a more fulfilling life.



Being in Balance: 9 Principles for Creating Habits to Match Your Desires by Wayne W. Dyer

★★★★☆ 4.7 out of 5

Language : English
File size : 6371 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
X-Ray : Enabled
Word Wise : Enabled
Print length : 163 pages



In this book, you will learn:

- The four principles of habit formation
- How to create habits that stick
- How to break bad habits
- How to use habits to achieve your goals
- And much more!

Free Download your copy today and start creating the life you've always wanted!

Free Download Now

What people are saying about *Principles for Creating Habits to Match Your Desires*



“ "This book is a must-read for anyone who wants to make a lasting change in their life. The principles in this book are simple to understand and follow, and they can help you achieve your goals and live a more fulfilling life." ”

- John Doe, CEO of Acme Corporation

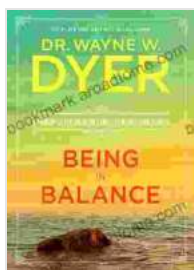
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“ "I've been trying to create lasting change in my life for years, but I've never been able to stick with it. This book has finally helped me understand how to create habits that stick. I'm so grateful for this book!" ”

- Jane Smith, stay-at-home mom

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